SECTION C · FIRST AID & MEDICAL RESPONSE

C0001
Code

EMERGENCY FIRST AID

DURATION	MINIMUM	MAXIMUM	DELIVERY
1 Day	6 Pax	16 Pax	On Site / Centre

A concise one-day course covering the immediate life-saving actions required at a workplace emergency — assessment, CPR, bleeding control and casualty handover.

LEARNING OUTCOMES

01 Understand the role and responsibilities of an emergency first aider.

02 Assess the scene of an accident for safety and hazards.

03 Perform a primary survey (DRABC) on a casualty.

04 Provide basic life support, including CPR and use of an AED.

05 Manage an unconscious casualty who is breathing (recovery position).

06 Control severe bleeding using direct pressure and bandages.

07 Treat minor injuries, such as cuts, grazes, and small burns.

08 Recognize and manage common medical emergencies (e.g., choking, shock).

09 Communicate effectively with the casualty and emergency services.

10 Maintain a well-stocked first aid kit and document treatments.

WHO SHOULD ATTEND

Appointed first aiders, medical response teams and supervisory personnel

DELIVERY & ASSESSMENT

Classroom instruction with practical exercises, assessed continuously and by end-of-course evaluation against the outcomes above.

ON COMPLETION

Global SPS certificate of training issued to each successful participant, with records retained for client and regulatory audit.

Course content can be tailored to site-specific procedures, equipment and language on request. Contact Global SPS to discuss scheduling and in-house delivery.