

H0006

SECTION H · DRIVING & FLEET SAFETY

HEAVY VEHICLE DEFENSIVE DRIVING

DURATION	MINIMUM	MAXIMUM	DELIVERY
3 Days	4 Pax	10 Pax	On Site / Centre

Defensive driving for heavy and articulated vehicles, covering load security, braking distance, blind spots, rollover dynamics and manoeuvring.

LEARNING OUTCOMES

01 Understand the specific hazards and handling of heavy vehicles.

02 Conduct thorough pre-trip inspections for trucks and trailers.

03 Apply safe braking and cornering techniques for heavy loads.

04 Manage the risks of vehicle size, weight, and blind spots.

05 Understand the requirements for load securing and weight distribution.

06 Navigate safely through restricted areas and under low bridges.

07 Manage driver fatigue and comply with hours-of-service regulations.

08 Use engine braking and retarders effectively.

09 Follow safe procedures for coupling and uncoupling trailers.

10 Demonstrate competence in heavy vehicle driving through practical tests.

WHO SHOULD ATTEND

Light and heavy vehicle drivers, journey managers and fleet supervisors

DELIVERY & ASSESSMENT

Classroom instruction with practical exercises, assessed continuously and by end-of-course evaluation against the outcomes above.

ON COMPLETION

Global SPS certificate of training issued to each successful participant, with records retained for client and regulatory audit.

Course content can be tailored to site-specific procedures, equipment and language on request. Contact Global SPS to discuss scheduling and in-house delivery.